

# Ballers Class Schedule

## WINTER 2: Jan. 9-March 20\*

### Location

High Velocity Sports  
46245 Michigan Ave.  
Canton, MI 48187

### For More Information:

Call : (734) 487-7678  
Email: elaine@hvsports.com

### Cost

Sat: 10 weeks \$150  
\$15/class  
\*Gold Level is \$160

### Additional Information

Annual membership  
(\$20 per person/ \$40 per family)

\*NO CLASS ON 2/13



**Kids may be grouped on first day for Evaluations to determine the best level for each participant.**

**Open Enrollment — Join Late, We Will Pro-Rate!**

## WINTER 2, 2021

Class Level & Age Range	Saturday
Parent/Child 3-6 years	10:00 am
Red Level 5-6 years	10:00 am
Green Level 7-10 years	9:00 am 10:00 am
Blue Level 7-10 years	9:00 am 10:00 am
Silver Level 8-11 years	9:00 am
Gold Level 6 <sup>th</sup> -8 <sup>th</sup> Grade	9:00 am

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# LEVEL DESCRIPTIONS

## Parent/Child 3-5 years:

### **Introductory**

Designed to capture and keep the attention span of younger participants, the focus of this clinic is to develop hand/eye coordination in a comfortable environment. Building and developing trust over the course of the session, participants will begin to build a solid foundation for the game.

## Red Level 5-6 years:

### **Introductory**

Participants will begin working on becoming ball comfortable and learning the game basics of basketball. A general understanding of what happens on the court and an overview of rule descriptions are taught over the course of the session.

## Green Level 7-10 years:

### **Introductory**

Teachers will work to lay the foundation of shooting mechanics, footwork, and ball handling in this clinic. Participants will gain an understanding of the rules of the game and in addition, a founding knowledge for what happens on the court.

## Blue Level 7-10 years:

### **Intermediate**

Our blue level clinic is a continuation and progression of the knowledge gained in the green levels. With the addition of game-like situations and speed, participants in this level can expect to challenge themselves as they advance through the session.

## Silver Level 8-11 years:

### **Advanced**

At this elevated level, participants are taught to identify the *why*, *when*, *how* and *what* of basketball mechanics; ultimately, implementing them into game situations.

Participants can expect to challenge themselves while working to use their mental knowledge of the game on the court.

## Gold Level 6<sup>th</sup>-8<sup>th</sup> Grade:

### **Experienced**

The highest level of the program will challenge players to implement with high efficiency, all aspects of the previous levels at game speed. This performance focused clinic will cater to athletes with previous or current experience on travel basketball teams.